RISE / RUN TRAVELS
a summary of a travel fellowship
Bonjour from Montmartre in Paris. At the end of my first week aboard I figured I should send you and the rest of the Lyceum fellowship members an email updating you on the current status of my travels. First off, I am doing well in Paris on my first night here after eight days in Ireland. I must be honest in saying that I have learned tons in the past week more or less about myself and traveling such as the difficulty of traveling solo and the culture shock that comes along with travel in foreign countries. I will say it is getting easier with each passing day and meeting new people along the way helps, but traveling alone has been more challenging than expected.

As for my first week aboard, analyzing and studying Ireland pointed me toward looking a lot at how tourist destinations are set up, how money is made, and how the experience is dampened many times by the addition of such tourist amenities. Visiting the Cliffs of Moher, the Giant’s Causeway, and other sites in Dublin and Belfast has confirmed what I think about such tourist attractions, when something becomes a tourist attraction especially when it’s a natural occurrence, a part of the experience is lost. A side note Dublin as amazingly environmental facades on some of its newer buildings like doubles facades and operable shades which I found fascinating. Being in Paris for only one day in Montmartre has had a wonderful impact on my studies of public stairways and how Cincinnati could use techniques perfected here in Paris to use on there stairways. Montmartre is a beautiful area with many of the same building forms as those found in similar areas (hilly topography) of Cincinnati. I’m starting to wonder if this could lead to any breakthrough. But with tomorrow will come more thought and more study on the matter.

The final area I’d like to discuss is the length of my trip. I know that this grant was supposed to get me six months travel abroad, but I truth
First off before I get into my update email I’ll answer your two questions. First, the duration of my trip will remain true to the initial itinerary of close to 4.5 months of travel in Europe. I intend to stay as long as possible and make every effort to maximize the experience. Second, I believe I have solved the visa issue through conversing with persistent Lynxers winners and getting their input. So I spent after a rough first week’s travel I have finally settled into the traveling mind set and believe everything will go according to plan.

So now I will begin my update from my studies in Paris and specifically Montmartre. During the week I was staying in Montmartre, I found the neighborhood to be more than ideal as a point of study and a point of reference as I develop the Rise/Run Project. One of the first things I noticed while in Montmartre was that the Sacre Cour was serving an identical purpose as the community hill houses I proposed in my submission, although the buildings have different functions. The Sacre Cour is a beacon that draws people to Montmartre and makes them want to climb the stairs to get to the summit and see this magnificent piece of architecture. That much could have just been assumed, but what I discovered was that people climbed the stairs not only to the building but for the spectacular view of the city. So incorporating a view corridor into my proposal is the first thing I would add.

In addition to the Sacre Cour, I believe that the Montmartre district is similar in density of buildings to what Cincinnati’s hillsides were at the heyday of the stairways. I initially considered this to be more of a interesting comparison have reading so much about what the hillsides were formally like, but upon further thought my observations of the architecture in the area can better inform me as to what urban hillside buildings look like. It’s hard to describe but there are specific building forms in Montmartre that are generated by the interesting topographic changes and street grid.

The third big observation coming from Montmartre was that the stairways there have a huge advantage to the ones in Cincinnati. This advantage is that when the stairway ends or comes to a break in the stairs, there is always something at this ‘landing’ which activates the surrounding area and makes the stairs have an enjoyable atmosphere. Whether the stairs end on a cafe’, a shop, a micro park, or even a metro station, these bits of programmatic elements allow for pedestrian movement with a purpose. So this would be the second thing I would add to me proposal, some how incorporating programmatic elements along the stair routes.

I believe these are the three major points I received from my stay in Montmartre but as I reflect on my experience I’m sure more will come to me. Also I apologize for my briefness, it can be somewhat hard to type long emails on the iPad.
A couple days behind, but I finally got down some thoughts from my visit to Berlin. I found the city in general to be an excellent example of a ‘comeback’ city and a city that has respected its history. Throughout the city I found instances of where the city wanted to preserve its past no matter how dark or depressing. One such instance was the Berlin Wall memorial, in which the foundations and major events of the Berlin Wall were marked using cortenz steel in various forms. I found the memorial almost becomes a linear park as visitors walk along the wall stopping to read certain markers and signs. Another example of how the city has dealt with its history was in how the Nuese museum, which was recently renovated by David Chipperfield, displays the broken and charred frescos that used to grace its walls before WW2 as a ruin, deciding not to restore them to their initial vision. I think both of these examples so a city that has come to grips with its history and it doesn’t want to forget what has happen in the past here. Really fascinating.

Another highlight from my visit to Berlin was the Jewish Museum by Daniel Libeskind. I found the buildings lower level, where the three axes the best part of the building and the most energy filled. The terminating features of each axis was a room or space that was emotionally charged and very spatial, leading the viewers to have verbal reactions to each space. I also found the voids found throughout the building to have the same effect as people passed by these empty hollows.

Other highlights were the Topography of Terror exhibit, the holocaust memorial, the Tiergarten, and the Reichstag Dome. In terms of stairs, Berlin didn’t have to much to offer in this department, but I’m sure Prague will.
Hope as is well with you and the rest of the Lyceum board. I’m currently traveling from Prague to Vienna and I figured I should send an email update. Prague was very surprising to me and turned out to be another great city to bolster my studies of public stairs and their relationships to the city. Being in a river valley much like Cincinnati is, Prague has expanded past its original boundaries in the river basin. This expansion has lead to the development of hillside districts throughout the city much like what can be seen back in Cincinnati. I spent most of my stay in Prague picking a different hilly area in the city and walking to it to investigate if there were any stairs there or anything of interest. The main discoveries I made were that in Prague they seem to like avoid creating stairs and opt instead many times to just pave a concrete path at an extreme angle, at times close to 30 or 40 degrees. This directly counters some of the more monumental stairs I encountered in the more tourist friendly areas of the city. This steps would have a few risers and then a long stop before an additional few risers. This technique creates a slower ascent and allows for pauses along the climb and even areas where cafes can open right on the stairs. I would say this is almost the opposite of what I have seen in Montmartre where the stairs can be quite steep and long, while only pausing for a street crossing or a park. This variation of how each city has developed its stairs has lead me to an idea that could possibly be used to improve my Rise/Run project. What if each hillside district in Cincinnati developed its own ‘brand’ or typography of stair? It’s an interesting prospect to me, and I believe it is worth looking into.

Other than these two main observations I did find more typically stairs similar to what is currently in Cincinnati. These stairs themselves weren’t being used as much as the others and that is most likely because there wasn’t really any destination and the top of bottom. Also the railings were painted red instead of the green in Cincinnati, but that is rather trivial.

So I guess you could say Prague was a good choice of city to switch to and I am very glad I was able to see such a beautiful and colorful city.
My visit to Vienna has been amazing. I have fallen in love with the city’s cultural scene and the celebration of design here. I spent the majority of my time in the city wandering through the back alleys and courtyards that made for interesting spatial experiences. It amazes me at how long some of these courtyards took to develop and how the city developed on an irregular street grid. My favorite part of the city happened to be this pass though that combined a public stairway and a shopping arcade. I found this space to have very nice spatial progression of compressions and releases, as well as a good variation in programs. Included in this passage were clothing shops, cafes, restaurants, and even one furniture gallery.

Other than this unique space, I very much enjoyed my time in the museum quarter which houses various contemporary museums, galleries, and the architecture museum. I just found this place to be very full of energy and the galleries to be very inspiring. Overall the city seems to be very appreciative of the arts.

Though my stay in Munich was very short, I realized that it has been my favorite city so far. I credit this to the overall outdoor lifestyles sense that most of the citizens here have, as well as the attention to detail in the architecture. I have found some of the most highly designed buildings on my trip so far to be located here. The buildings that stood out in my mind were the Brandhurt Museum, Allianz Arena, Fündhöf passage, and the Olympicpark. I actually plan on making a return visit at some point on the trip to see a little more of the city and to perhaps visit Dachau. I can’t say it enough though, this city is so amazing, I could honestly see myself living here for an extended period of time.

My time in Hamburg was mainly spent around the Hafencity and at the IBA, the international architecture exhibition. I found Hafencity to be very curious in the fact that to me it seemed as the new building forms were highly regulated but it was the contemporary, and sometimes high tech facades that differs anted the buildings from each other. I guess the same could be said about neoclassicism, in a way. My thoughts on the IBA were that it reminded me greatly of the solar decathlon in DC every year, the main difference being that the buildings here are meant to be pure art. It was also quite interesting to learn of the protest over the IBA and how some activist groups called it a gentrification scheme. Their reasoning behind the statement was that the IBA is trying to make a relatively poor neighborhood attractive to the wealthy.
I hope all is well with you as well as with the rest of the Lyceum committee. Currently, I’m traveling from Zurich on my way to Venice and I just thought I should update you on my travels.

I spent a fair amount of time staying in Cologne and the Mosel River, and I must say it was a great experience. From Cologne I was able to see two of Peter Zumthor’s buildings, Bruder Klaus chapel and the Kolumbia museum. The Bruder Klaus chapel was simply amazing both for its architecture and the remote location to have such a work by a famous architect. A few days later though I’d realize that this wasn’t such an unique case for Zumthor. The Kolumbia museum was fantastic for its use of material in bridging the gap between old and new. This work by Zumthor really shows that Peter Zumthor knows how to handle material and will take as long as he needs to in order to find the perfect material. In the case of the Columbia it took him two years to perfect the brick type.

On the Mosel River I stayed in a small town called Fankel. Not a big town by any means but it provided me with a unique insight that a huge city can’t provide. Seeing all the vernacular architecture inspired me and I have felt refreshed seeing such old and interesting buildings. Also in the surrounding regions were vineyards that climbing the valley walls at seemingly ridiculous steep slopes. It was inspiring to see the lengths that these vine growers will go to for their craft and then in return not charge a large amount per bottle. That’s humbling to me and there’s definitely something to be learned there.

After I left Cologne I headed towards Switzerland and my first stop was Basel. The first few days I spent in Basel walking around the city in search of the various Herzog DeMueron buildings scattered throughout the city. All of which truly illustrate the firms brilliance in facade design and materials. On the second to last day I visited the Vitra campus, which probably couldn’t have been a better place to take a day trip too because of my interests in architecture, of course, and furniture design. The campus itself is like an architectural museum much like the campus of the University of Cincinnati. My favorite building had to be the Vitrahaus by Herzog DeMueron though because of the skillful alignment of views to the exterior and interesting play of forms.

After all this Herzog DeMueron sight seeing, I moved on to my next and final stop of this update, Zurich. To me Zurich seems like it would be an awesome place to live if you can afford to. A walk through Old Town shows a myriad of shops dedicated to handcrafted items and designed pieces. Unfortunately I wasn’t able to experience too much of the city because I was more occupied with my visited to the next two Zumthor buildings on my trip, the Kunsthau in Bregenz and the Vals Therme. Both these buildings were experiences in and of themselves and were definitely worth the amount of travel it took to see each and especially the Therme. The Therme is definitely something to be experienced, the skillful mastery of form and manipulation of space still leaves me with a smile on my face when I think back to my visit. This is kind of building that even the common person stops and stares in wonder as they soak in the various baths. To be honest after seeing Vals I have completely been reenergized to keep traveling and broadening my experiences.

So that is in a quick summary is what could now be known as the Zumthor and Herzog DeMueron part of the trip.
Arriving from Zurich with a short stop in Milan, I was immediately struck by Venice’s utter difference to any other city I have visited. It’s hard to describe the feeling as you walk out of the train station on to the piazza and are confronted with a view not of a bustling street but of a busy canal. The city is one of the most beautiful I have ever visited and I believe some of this beauty is simple derived from the uniqueness of the city’s context and also the fragility of a city built on lagoons. Over the course of my visit I felt myself happily wandering through the streets of Venice without a set destination but just trying to take it all in. These were the moments I truly fell in love with the city’s unorthodox street pattern and colorful little alleyways. However, I soon discovered that Venice is quite annoying if you are actually trying to find a specific location, for example any of the Carlo Scarpa buildings in the city. While I was searching for these buildings I felt like it was like trying to find a needle in a haystack, but eventually I was able to locate a few of his unique interventions. Seeing his work in person truly allowed me to grasp the oddity, yet brilliance of his detailing. His work to me felt as though it had an odd sense of time, in the sense that it was old as the surrounding buildings, but it also didn’t feel as though it was create in recent memory. Another big highlight from my visit to Venice was being able to witness the gondola parade that occurs but once a year, so to me this seemed like such a happy coincidence. Seeing the city celebrate its past was probably the biggest take away for me but it was also great to see the regal gondolas of the city’s wealthy families from the past still being rowed up the Grand Canal.

Although Venice was spectacular to witness in person Florence, the next city I visited, was as beautiful of a city as I have visited so far. There is something about Florence that makes it seem very welcoming and as though this could be your home away from home. I was awe-stuck when I saw Il Duomo for the first time, and I didn’t stop sketching it until the day I left. I just found its forms and composition to have a quiet complicity to them that didn’t allow for any quick glance to gain complete understanding. It is still the most sketched building of this trip so far. It was wonderful to just be able to stand in the piazza and have the rest of the city seemingly fade away in comparison to the grandeur of the huge cathedral. Another building I was surprised with was Michelangelo’s Medici library and its intense entry sequence. Stairs leading into the reading room where so wonderfully designed and crafted that they seemed as though they had been there naturally and the rest of the room had formed around them. It just was a very nice space and it was an intense moment for me to see a building I remember studying over and over in history class. The rest of my time in Florence was spent seeking out other important works of architecture and also climbing the surrounding hills in search of some stairs. The only set of the many I found that offered a good place for study was the stairs leading to the piazza Michelangelo. The main reason for the activity of these stairs was that they lead to an incredible vista over the city which is especially spectacular during the sunset. Thus it becomes another example of an active stairway with a destination/vista at the top.

While Venice and Florence have a air of elegance and taste to them, Naples is a complete 180. The city is unlike any I have seen and was the only one which I felt very uncomfortable walking around. Now I might be over-exaggerating but there were certain parts of the city where I probably shouldn’t walk as a tourist. However in contrast to the last sentence the city had an overwhelming street life that seemed to always be alive except for Sunday morning. But other than my general opinion of the city. It had a lot to offer and I was able to visit Pompeii easily from where I was staying. I am very glad I was able to see Pompeii and I was shocked at how massive and well preserved the city is. You could easily spend six hours or more there
Italy Update
Venice, Florence, Rome, and Naples

And not feel like you were overwhelmed as you do in art museums. Seeing this city first hand made me realize just how advanced the Romans really were and how much we have borrowed in one way or the other from their city planning.

After much waiting and anticipation I finally traveled to Rome after my visit in Naples and my initial reaction was "Wow". I was blown away by the amount of history there is here and even more so by how close everything is to each other. Of course you study in school the immense history is Rome, but I guess being from America where little history is actually evident from the street level, Rome was just something else. I felt as though everywhere I walked I could run into some highly important ancient Roman or Renaissance building that I learned about in history class. But for sake of not writing a absurdly lengthy email I’ll stick to only mentioning some of the major highlights of my visit.

My visit to the Coliseum and the Forum over two days offered various insights into how it can be easily seen that we still draw inspiration architectural from this ancient structures. Just walking around inside the Coliseum gives you the impression of how closely related it is to any modern day stadium. The resemblance to was uncanny even down to the numbered gates to help facilitate spectator movement. Nearby I the forum I had similar moments of just awe at how much history was contained in this place. I would say that it is comparable to the Louvre in that it is full of masterpieces and one would have to honestly spend multiple days there to truly appreciate everything that is there. Another highlight was my visit to the Vatican to see the basilica and the Sistine chapel. Although I must admit I was slightly underwhelmed by the Sistine chapel, although I appreciate its beauty, the basilica was what truly blew me away. I don’t think I’ve ever been so breath-taken by entering a church then I was when I entered St. Peter’s. The scale of the interior is just massive and its scaled up classical elements lead to interesting reading of the space in which you just feel dwarfed my its magnitude.

I should also mention as a side note that I was able to see the pope addressing a mass of people gathered in the plaza in front of the Vatican for an assembly of some kind. Just another lucky timing I guess. The last highlight I should mention and the main reason I came to Rome, the Spanish steps. To be quite honest though I have been struggling to find a way to relate this monumental stairs back to the relatively humble public stairways back in Cincinnati. However what could be useful is to break down the success of the Spanish steps and thus I maybe be able to apply parts to my project for the steps in Cincinnati. With the observations I made on the Spanish steps I can assay they derive their success from a few key factors being, the desired location at the top to draw people up, the width of the stairs allowing for people to pause along their climb, the social atmosphere created by it becoming a tourist destination, and above all its beauty which is what has set it apart from other. I should also problem mention which the previous that the unique history of the staircase draws people in because it provides an interesting an easily understandable story. But above all the Spanish steps provide another great example of active stairs that have a destination at the top which draw people to them.

After so much sight seeing and studying throughout Italy, I head towards Barcelona and I can not wait to see what awaits me there. I have also noticed myself develop as a traveler and a person throughout my traveling so far. I have become more expecting to quick change and yet I still find myself longing for home but relishing every minute I have abroad. This must be the dilemma of every traveler.Hope to here from you soon and I hope all is well back in the States.
I hope all is well, but I figured now would be a nice time send an update from my travels as I prepare to leave Portugal and head for England. The past few weeks I have been spending in Spain and Portugal, in which I have had a great time. My first stop on the Iberian Peninsulas was Barcelona, which happened to become one of my favorite cities. I was lucky enough to be visiting the city during the Mercè festival, in which Barcelona celebrates the Catalan culture. Other being able to experience the city celebrating its history, I found that the city was really nice to just walk a discover the people and relaxed culture. I visited a few of the Gaudi projects, but my favorites were the Sagrada Familia and Park Guell. I was pleasantly surprised at how much I ended up enjoying the Gaudi projects because I remember not caring for them to much well studying them in my history coursework. I guess it just goes to show you can’t judge a book by its cover, or rather a building by its picture in a book. I believe Park Guell provided me the greatest inspiration and insight when dealing with the Rise/Run project, because of the interesting use of topography throughout the site. I really enjoyed how Gaudi used the hillside to create numerous datums and experiential spaces that allow the viewer to discover the park in their own way. A very similar example to this case in Sintra at one of the palaces in the area with had a garden on the hillside that had numerous nodes and pathways, even ones which were underground, which allow the user to almost lose themselves in the gardens. Though these concepts might not directly relate to the steps in Cincinnati. I see the potential for these concepts to be used in conjunction with the step project if a park is to be created near the steps or perhaps even at the sites of the hill-houses.

The next stop I made in Spain was Madrid, in which I discovered the huge amount of culture the city has to offer. I fell in love with the city’s free art galleries that have been created inside of old industrial buildings. This venues would be so easy to replicate in a unique way back in Cincinnati, and I hope someday they can be. Other than the immense amount of art viewing I did in Madrid, there were a few stairs in the city but not that seems particularly energetic.

After a wonderful visit in Spain I headed towards Portugal and what happened to end up being one of the most influential cities this in entire trip, Lisbon. I say this because Lisbon offered everything I needed to continue my studies for the Rise/Run project. It had stairs, inclines (funiculars), and a variety of hillside districts. Spending most of my time just wandering through these communities made me realize that there are distinct differences to living in a hillside district, as opposed to a flat terrain district. The biggest observation of this is that these hillside districts seem to maintain their character throughout the years, and almost seem timeless because most in Lisbon become less accessible to the car. The lack of the car also fuels street culture and a more relaxed mindset for those living this districts. Walking through some of the districts made me feel as though I was going through a time wrap. Hillside districts also seem to have a tight community because of the fortress mentally that can be felt as you walk through the winding alleys and stairways.

Intermingled with all of this urban wandering, Lisbon was having their Architecture Triennial and I was able to see many of the events. Unfortunately I missed the Spatial Agency workshop by two weeks, I was so upset that I missed such a great opportunity. At least I was able to meet with some local architects and discuss my project at some of the events and I was given much insight.

In addition to Lisbon, I was able to visit Porto and was given even more case studies for my project. The interesting thing I found about Porto was that the city only seemed to building stair cases when the slope was at an impossibly angle to just pave a path. I felt that there were many instances in the city in which the slope of an alley or sidewalk could have been easily made into stairs. I was never able to come to the reasoning why this was done but perhaps with some more research. In addition to the hilly, and scantily industrial, landscape, Porto offered many Siza buildings which I tried to visit as many as I could. I think I ended up liking Lisbon more after visiting both cities, but they were both surprisingly enlightening in regards to my project.

As I mentioned before I’m currently on my way to England and the last leg of my European adventure. I can’t wait to get back to an English speaking country, although I’ll miss the Portuguese and Spanish cultures.
<table>
<thead>
<tr>
<th>No.</th>
<th>Image Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>01</td>
<td>Gaudi's Masterpiece, Barcelona, Spain</td>
</tr>
<tr>
<td>02</td>
<td>Public Escalator, Barcelona, Spain</td>
</tr>
<tr>
<td>03</td>
<td>Stairs of Plaza, Madrid, Spain</td>
</tr>
<tr>
<td>04</td>
<td>Caixa Forum, Madrid, Spain</td>
</tr>
<tr>
<td>05</td>
<td>Graffiti &amp; Steps, Lisbon, Portugal</td>
</tr>
<tr>
<td>06</td>
<td>Figueira Steps, Lisbon, Portugal</td>
</tr>
<tr>
<td>07</td>
<td>Look Up, Lisbon, Portugal</td>
</tr>
<tr>
<td>08</td>
<td>Porto Overlook, Porto, Portugal</td>
</tr>
<tr>
<td>09</td>
<td>Steep Incline, Porto, Portugal</td>
</tr>
</tbody>
</table>
As always I hope all is well with you, and I know I am doing great. I feel so blessed to be back from my trip and to be able to share my experiences with my family and friends.

My final few weeks turned out to be a breeze as I arrived back in English speaking countries. I think London became my favorite city by far, but that could also be because I could actually communicate fulling with everyone. Not too mention read signage. I loved everything about London and I enjoyed my time visiting the huge amount of world renown museums located there. I was also able to visit the Bartlett School of Architecture and I was so impressed with what I saw that, perhaps it may become a potential graduate school. That’s one thing this trip has done for me, opened up opportunities to chase my dreams and apply to those schools that I didn’t see myself getting into before. It isn’t necessarily that I have gained a new sense of overconfidence, but more that I have discovered myself again and I learned what it takes to follow your dreams.

I also visited Liverpool and Manchester in England, but I must say they hold nothing on London. That was to be expected though. I did really enjoy the people I met there though, they were all very friendly, however if I had to give the edge to a city I would go with Liverpool.

In Scotland, I visited Edinburgh and Glasgow to cities that are completely different in there feel. I enjoyed Edinburgh so much and I was surprised to find out just how many stairs they had in the city. The Royal mile is flanked on both sides by many 'closed' with normally have stairs going down the side of the hill. This condition is probably similar to what Cincinnati would have been like before while the hillside still maintained their densities. As for Glasgow, it was a good city to visit because of its industrial nature and super friendly inhabitants. I was even able to check a bucket list item off by attending a football (soccer to us) match. All in all Scotland was a lot of fun and was even beneficial to my studies.

My trip began in Dublin, Ireland, and I figured it should end in Dublin, Ireland, but first I wanted to make a quick visit to Cork. Cork’s natural landscape lead to some areas of stair infrastructure, and even in some case streets that were completely stairs. This small city was a nice quick stop to wind down on my trip while also still getting some good field research in. Then finally I came back to Dublin, after all this time abroad, I must say it was rather bittersweet. On the one hand I would get to see my family, girlfriend, and close friends, again soon, but on the other this wonderful experiences had to come to a close. So on my last night in Ireland I enjoyed a pint of Guinness at a pub from 1310 and looked back on all that this trip has done for me.
01 Poster's Reflection, London, England
02 Big Ben, London, England
03 Serpentine Pavilion, London, England
04 Heavy Duty Crossing, Manchester, England
05 Liverpool’s Guggenheim, Liverpool, England
06 Hidden Close, Edinburgh, Scotland
07 Edinburgh Castle, Edinburgh, Scotland
08 Irish Autumn, Cork, Ireland
09 Workman’s Steps, Cork, Ireland
I want to say thank you to the entire Lycues Board for the wonderful opportunity you have given me. A truly life changing experience that has changed my outlook on life and my future as an architect.

Alex